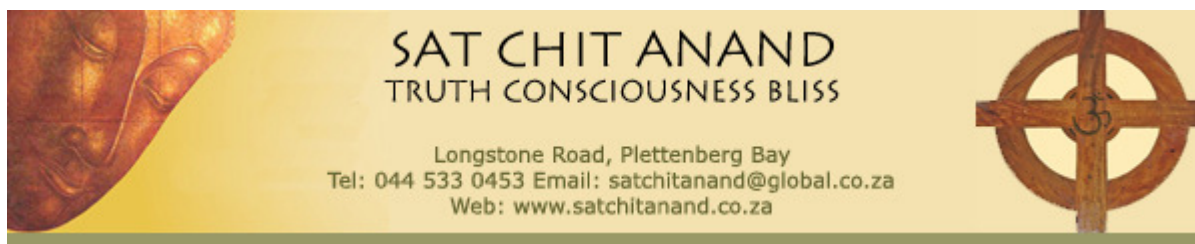


Sat Chit Anand

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Sent: 05 June 2011 12:45 PM
Subject: Newsletter: 05 June 2011



7 Spiritual Laws of Success

Last week we looked at the 7 Gifts of the Spirit. This week we look at the 7 Spiritual Laws of Success as put forward by Deepak Chopra. It is important to note that "success" doesn't mean material success – it means that which leads to greater happiness. Synchronicity is an indication of success, and shows that you are aligned and in harmony with the Divine will.

1. THE LAW OF PURE POTENTIAL

In the beginning, there was neither existence nor non-existence. All this world was unmanifest energy ... The One breathed, without breath, by its own power, nothing else was there ... [Hymn of Creation, Rig Veda]

The source of all creation is pure consciousness, pure potentiality seeking expression from the unmanifest to the manifest. It is a state of uncertainty – we are stepping into the unknown in every moment of our existence. Uncertainty is the fertile ground of creativity. The unknown is always open to the creation of new manifestations. When we realize that our true Self is pure potentiality, we align with the power that manifests everything in the universe.

2. THE LAW OF GIVING AND RECEIVING

This frail vessel thou emptyest again and again, and fillest it ever with fresh life ... Thy infinite gifts come to me only on these very small hands of mine. Ages pass, and still thou pourest, and still there is room to fill. [Rabindranath Tagore]

The universe operates through dynamic exchange – giving and receiving are different aspects of the flow of energy in the universe. Everything is constantly on the move in the Universe. In our willingness to give that which we seek, we keep the abundance of the universe circulating in our lives. Don't hold onto things – give. Bless everyone with all the good things in life. Open yourself up to receiving. Accept the gifts of the Universe and have gratitude for them.

3. THE LAW OF KARMA

Karma is the eternal assertion of human freedom. Our thoughts, words and deeds are the threads of the net which we throw around ourselves. [Swami Vivekananda]

Every action generates a force of energy that returns to us in like kind – what we sow is

what we reap. When we choose actions that bring happiness and success to others, the fruit of our karma is happiness and success. Actions that bring happiness and success to others become part of ourselves. Everything now is a result of your mental choices in the past. Don't blame anyone or anything. Accept your karmic debts and convert adversity into something positive, which will bring a positive future outcome.

4. THE LAW OF LEAST EFFORT

Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. [Matthew 6:28,29]

Nature's intelligence functions with effortless ease, harmony and love. When we harness the forces of harmony, joy and love, we create success and good fortune with effortless ease. Nature takes the course of no resistance. It is unforced and natural. Learn from nature. Act in accord with the laws of nature. Seek creative responses and look for the simplest and best path. Feel what is right. Surrender to the moment. Don't struggle against the moment, or you will struggle against the Universe.

5. THE LAW OF INTENTION AND DESIRE

You are what your deep, driving desire is. As your desire is, so is your will. As your will is, so is your deed. As your deed is, so is your destiny. [Upanishads]

Inherent in every intention and desire is the mechanics for its fulfillment. When we introduce an intention in the fertile ground of pure potentiality, we put the infinite organizing power of the universe to work for us. We all have the same desires: to be happy, peaceful, have healthy bodies, loving relationships, and lead a meaningful life. These are desires of the Spirit and they have the support of the universe. Intentions from Spirit have the power of the Universe behind them.

6. THE LAW OF DETACHMENT

Like two golden birds perched on the same tree, intimate friends, the ego and the Self dwell in the same body. The former eats the sweet and sour fruits of the tree of life, while the latter looks on in detachment. [Upanishads]

In detachment lies the wisdom of uncertainty. In the wisdom of uncertainty lies freedom from the past, from the known, and from the prison of our past conditioning. In our willingness to step into the unknown, the field of all possibilities, we surrender ourselves to the creative mind that orchestrates the dance of the universe. Let go of the future outcome. Then you can be committed with intense passion, but remain in the present. Surrender to Divine will: let go and let God.

7. THE LAW OF DHARMA

And what is it to work with love? It is to weave the cloth with threads drawn from your heart, even as if your beloved were to wear that cloth. [Kahlil Gibran]

Dharma refers to our purpose in life. Everyone has a special gift or talent to share. This is your dharma – your place in the cosmic plan. When we blend our unique talent with service to others, we experience the ecstasy and exultation of our spirit. Align yourself with your highest vision. When you become part of the cosmic design, then the whole Universe supports and upholds you. Effortless creation comes from Spirit. God is the creator, the source of all. When you participate in the creative process, you are co-creating with God.

We are travelers on a cosmic journey – stardust, swirling and dancing in the eddies and whirlpools of infinity. Life is eternal. But the expressions of life are ephemeral, momentary, transient. We have stopped for a moment to encounter each other, to meet, to love, to share. This is a precious moment, but it is transient, a little parenthesis in eternity. If we share with caring and love, we create abundance for each other. And then this moment will have been worthwhile.

Based on the book and movie by Deepak Chopra
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Yoga and Meditation

Tuesday evenings: 17h30 - 19h00

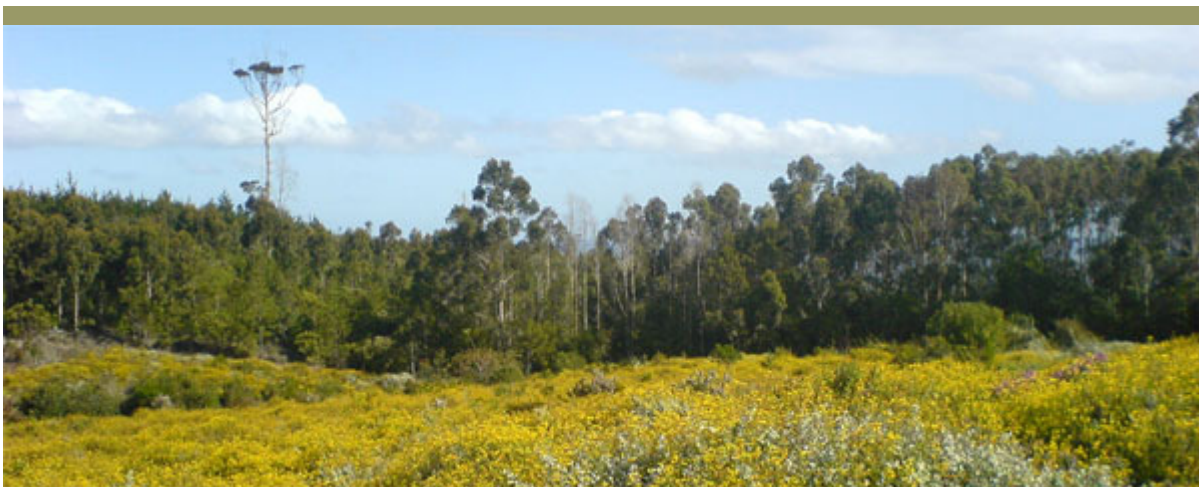
Wednesday afternoons: 16h30 - 18h00

Cost: R50 per class

Spiritual Retreats anytime

<http://www.satchitanand.co.za/programme.htm>

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Abundance in nature: fynbos in bloom, taken on walk in Harkerville outside Plett

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